



THE  

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SHRIGLEY HALL  

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SPA





## RETREAT, RELAX AND UNWIND

Whether you are looking for a one day spa package, or a luxury spa break, our team of professional therapists offer a wide range of spa treatments for the ultimate pampering experience.

The Chapel Spa here at Shrigley Hall offers a highly unique Peak District spa experience. Housed in what was formerly a Catholic chapel, its calm and peaceful surroundings will perfectly complement your day of stress-free relaxation. Muscle melting massages, revitalising facials, exotic wraps, and relaxing rituals are just some of the treatments to enjoy. Additionally, our range of Decleor skincare products will soothe, moisturise and help bring out your natural glow.





## FACIALS

### **YOGA LIFT, 70 minutes – £75**

Energising but luxurious, specialised massage helps recharge skin tissues while an indulgent, collagen-rich mask infuses the complexion with skin-plumping nutrients. The skin's natural renewal process is kick-started for firmer, radiant skin.

### **MOISTURE QUENCH, 70 minutes – £70**

This super-hydrating facial quenches the thirstiest skin. Includes gentle exfoliation to smooth then a nutrient-rich mask to intensively rehydrate for skin that's supple and cashmere soft.

### **MOISTURE BRIGHT, 70 minutes – £70**

Like looking at pigmentation and uneven skin tone through a soft focus lens, this illuminating facial dramatically restores radiance. Using advanced Vitamin C technology and a precision plant power mask, skin is left glowing and beautifully even.

### **PURE & MATT, 70 minutes – £70**

For instant clarity on dull, devitalised skin, this antibacterial and mattifying facial treats spots and shine. Includes Aquatic Plant Powders and an oxygenating power mask for a brighter and shine-free complexion that's simply flawless.

### **DIVINE NUTRITION, 70 minutes – £70**

By cocooning skin in deliciously nourishing Essential Oils and active nutrients, this facial comforts, renews and restores. Ultra-nourishing to feed dull, dry, exposed skin, it transforms complexions to radiant and satin smooth.

### **WRINKLE ERASER, 70 minutes – £70**

For immediately visible results, powerful ingredients and gentle exfoliation target lines and wrinkles. A mineral mask also lifts, plumps and firms for a luminous, younger-looking complexion.





## FACIALS

### **ULTIMATE VITAMIN GLOW, 55 minutes – £60**

Power-packed with vitamins and anti-oxidants, this award winning facial melts away stress. Combines a rebalancing Essential Oil elixir plus warm, decongesting mask for skin that's purified, perfectly replenished and glowing.

Enhance your facial with a 15 minute Eye Ritual for £15.

### **EXPRESS YOGA LIFT, 40 minutes – £45**

This facial includes our ultimately effective 'lifting' massage to recharge skin issues. highly efficient formulas then infuse the skin with naturally energising ingredients to help kick-start its natural renewal process; an indulgent and collagen rich mask ensures skin feels plumped and tightened too.

Enhance your facial with a 15 minute scalp massage upgrade for £15.

### **POWER GLOW BOOST FACIAL, 25 minutes – £45**

Awakens even the most tired of complexions in the shortest of times. Revitalises the mind and body, leaving the skin luminous and as fresh as the morning dew.

Enhance your facial with a 25 minute Back Massage upgrade for £25.

### **AROMATHERAPY DISCOVERY FACIAL, 25 minutes – £35**

Short of time? Discover why Decléor facials are world famous with this rescue remedy. Includes revitalising massage, Essential Oils and a gentle polish to wake-up tired skin leaving it fresh and radiant.

Enhance your facial with a Glow Boost Mask upgrade for £10.



## BODY

### **FACE AND BODY ULTIMATE ESCAPE, 115 minutes – £115**

A divinely indulgent treatment, your journey begins with Decléor's warm aromatic balms being gently applied to the body, followed by a deeply de-stressing full body massage to melt tension and stress away. You will then receive a prescriptive facial suited to your skins needs and concerns, leaving you feeling intensely rejuvenated and relaxed from head to toe.

### **FACE AND BODY REENERGISER, 55 minutes – £70**

Beginning with a heavenly aromatherapy massage this treatment is perfect for banishing tension from the skin, body and mind. Tense, tired muscles are eased and stress melts away. Followed by a prescriptive facial tailored to your skin needs, you will leave feeling relaxed, rejuvenated and refreshed.

Enhance your treatment with a 15-minute scalp massage upgrade for £15.

### **FULL BODY AROMATHERAPY MASSAGE, 55 minutes – £60 BACK, NECK & SHOULDER, 25 minutes – £40**

Relax, refine, tone or stimulate with one of these tension-releasing, holistic treatments. Stresses and strains blissfully melt away and skin all over is left revitalised and velvety.

Enhance your massage with warm stones or a personalised massage with bespoke oils for an extra £10.

### **FULL BODY DEEP TISSUE MUSCLE ENERGISER, 55 minutes – £70 BACK, NECK & SHOULDER, 25 minutes – £45**

Pure therapeutic relaxation to alleviate stress deep down and release the discomfort of aching muscles. 100% natural Essential Oil Balms enhance the experience, leaving your mind calmer and muscles intensely soothed.

### **CLEANSING & PURIFYING BACK TREATMENT, 25 minutes – £40**

With a skin-brightening exfoliation to target spots, blemishes and dull skin, this facial for your back transforms congested skin, leaving it clear and strokeably soft.

### **ORANGE & APRICOT EXFOLIATION, 55 minutes – £60 / 25 minutes – £35**

Inspired by the magical island of Madagascar, powdered Fruit Seeds and Spices are used to polish skin leaving it exceptionally soft.

Enhance with an added 25 minute facial upgrade for £25.

### **YLANG YLANG & VANILLA RELAXATION AROMA WRAP, 70 minutes – £70**

Offering the relaxing sensation of a long, deep massage, this cocooning warming wrap relaxes mind and muscles deep down. Skin feels satiny and looks luminous too.

### **ANTI-FATIGUE CITRUS ENERGY BOOST AROMA WRAP, 70 minutes – £70**

A super-stimulating envelopment to improve poor circulation, ease aching muscles and fight fatigue. Excellent for treating cold hands and feet, ideally suited to those who enjoy an active lifestyle.

### **LEMON & MANGO FIRM & TONE AROMA WRAP, 70 minutes – £70**

A collagen-boosting wrap to erase imperfections and strengthen beautifully toned skin. Restores and moisturises skin all over for a smooth, firm and radiantly younger looking body.

### **RADIANT MOTHER TO BE, 70 minutes – £70**

Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin.





## HANDS & FEET

### **JESSICA EXPRESS MANICURE OR PEDICURE, 25 minutes – £25**

Includes shaping of the nails, cuticle work & application of a Jessica Polish

### **DECLEOR SOFT HANDS OR FEET, 25 minutes – £30**

Invigorating exfoliation to remove dead skin cells, relaxing massage with a nourishing body milk and application of a hydrating mask.

### **JESSICA GELERATION OVERLAY MANICURE OR PEDICURE, 55 minutes – £35**

Shaping of the nails, cuticle work and application of a gel overlay on natural nails

### **JESSICA DELUXE MANICURE OR DELUXE PEDICURE, 55 minutes – £35**

Shaping of the nails, cuticle work, exfoliation, relaxing massage, application of a hydrating mask or paraffin wax and a Jessica polish.

\*Robe & Slipper Hire – £5 (Complimentary with any treatment of 50 minutes or more)



## PACKAGES

All packages include robe, towel & slippers and full use of the leisure facilities.

### **INDULGENCE, 120 minutes – TUES-THURS £125pp / FRI-MON £135pp**

Aromatherapy back, neck and shoulder massage, orange & apricot body exfoliation & vitamin glow facial.  
Glass of prosecco and light lunch.

### **SIGNATURE 50 minutes – TUES-THURS £60pp / FRI-MON £70pp**

Choice from one of the following: Vitamin glow facial, Aromatherapy full body massage or Face & body re-energiser. Light lunch.

### **MORNING RETREAT / TWILIGHT, 25 minutes**

9am-1pm / 4pm-8pm – TUES-THURS £40pp / FRI-MON £45pp

Choice from one of the following: Back, neck & shoulder massage, Aromatherapy discovery facial, Soft hand treatment or Tranquillity scalp massage. Glass of prosecco

### **MOTHER TO BE, 70 minutes – TUES-THURS £75pp / FRI-MON £80pp**

Decleor radiant mother to be treatment. Light lunch.







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HOTEL & SPA



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